



Resources for Children with Special Needs

Americans with Disabilities Act (ADA)

The Americans with Disabilities Act is the most comprehensive civil rights legislation adopted to prohibit discrimination against individuals with disabilities.

Website: <https://www.ada.gov/>

Access Pass – National Parks, Forest Service Lands, BLM, Fish & Wildlife

The Access Pass provides access to more than 2,000 recreation sites throughout the U.S.

- Free pass for documented permanently disabled people
- Free entrance fees at any place that accepts the pass
- Free or discounted amenities at any place that accepts the pass

Website: www.store.usgs.gov/pass/access.html

Bellevue Youth Theatre

The Bellevue Youth Theatre blends the wisdom of children with the youthful enthusiasm of seniors. People with disabilities, families and senior citizens are encouraged to participate.

Website: www.bytfoundation.org

Northwest Center Child Development

Northwest Center Child Development Program is an inclusive program that serves children with and without disabilities. Programs include early intervention services early learning programs, full-day child care, and before and after school care.

Website: www.nwcenterkids.org

Provail

Provail's mission is to help children and adults with disabilities live better lives. They are a private, multi-service agency dedicated to meeting the needs of people with all types of disabilities.

Website: www.provail.org

Seattle Children's Hospital: Center for Children with Special Needs

The Center for Children with Special Needs provides information to families about local programs and care to children with special need, no matter where they are on the spectrum.

Website: www.cshcn.org/resources-contacts/summer-camp-directory

Washington State Parks ADA Discounted Passes:

WA State Parks offer discounted passes for foster parents, caregivers, seniors, disabled veterans and more.

Website: <http://www.parks.state.wa.us/205/Passes>

Phone: 360-902-8500

Summer Camps & Recreational Activities

Aspiring Youth - West Seattle/Bellevue/Redmond/Seattle

Aspiring Youth offers multiple camps designed for ages eight and up with activities ranging from video production to habitat restoration to art. With these enrichment activities as a foundation, their masters level counselors help campers build confidence and make new friends.

Website: www.aspiringyouth.net

Phone: (206) 517-0241

Email: info@aspringyouth.net

Basic Beginnings - Kirkland

Basic Beginning's mission is to provide children with autism and other special needs the opportunity to gain the necessary basic social and life skills to build confidence and independence for his or her future. Basic Beginning's also offers Camp Friendship and Teens Rock.

Website: www.basicbeginnings.net

Camp Director: Tabitha Troutman

Phone: (425) 922-7720

Blue Compass Camps

Blue Compass' mission is to provide opportunities for children and adolescents to grow socially and emotionally through motivating peer-group adventure experiences. Blue Compass is a collection of summer camps based out of Seattle, Washington for kids and teens ages 7-18 with Asperger's, High-Functioning Autism, and ADHD who can benefit from outdoor adventures focused on building social skills and self-confidence.

Website: www.bluecompasscamps.com

Phone: (971) 221-6441

Camp Fire - Seattle

Camp Fire serves children 5+ with physical disabilities, learning and developmental disabilities, behavioral disorders, and general medical conditions. Camp Fire also offers day camps in various locations in the Central Puget Sound area: North Seattle, Bothell, Issaquah, Auburn, and Kent.

Website: www.campfireseattle.org

Phone: (206) 461-8550

Camp Korey - Carnation

Camp Korey's mission is to honor the courage, strength, and determination of children living with serious and life-altering medical conditions and their families; and to provide them with a safe, friendly, medically sound environment in which to simply have fun and be kids. Camp Korey hosts summer camp sessions, year-round Hospital Outreach, family weekends, youth programs, all-camper events, and more. Camp programs are free to children and their families.

Website: www.campkorey.org

Phone: (425) 844-3100

Email: camperrecruiter@campkorey.org

Link to Schedule: www.campkorey.org/camper-programs/summer-camp

Camp Stand By Me - Vaughn, Pierce County

Camp Stand By Me is a fully accessible recreational facility providing summer camps for children and adults of any age with any disability. The camp's facilities and trained staff allow campers to participate in all activities, regardless of their disabilities.

Website: www.easterseals.com/washington

Phone: (206) 281-5700 or toll free (800) 678-5708

Link to Schedule: www.easterseals.com/washington/our-programs/camping-recreation/camp-programs-schedules.html

C.A.S.T "Catch a Special Thrill" for Kids Foundation

C.A.S.T. for Kids Foundation is a public charity that was formed in 1991 to join volunteers who love to fish with disabled and disadvantaged children for a day of fishing in the outdoors.

Website: www.castforkids.org

Phone: (425) 251-3214

Link to Schedule: www.castforkids.org/events-calendar/cast-events/

City of Auburn, Specialized Recreation

The City of Auburn Parks, Arts & Recreation Department offers special summer programming for individuals of all ages with disabilities. To learn more visit their website.

Website: http://www.auburnwa.gov/things_to_do/recreation/specialized_recreation.htm

Phone: (253) 931-3043

Highland Community Center Summer Day Camp - Bellevue

The Highland Community Center provides programs that give individuals with disabilities opportunities for recreation, socialization, and learning. The center also offers a wide array of recreation, sports, fitness, cultural arts and social programs.

Website: www.bellevuewa.gov/highland_center.htm

Phone: (425) 452-7686

Kiwanis Camp Casey - Whidbey Island

Camp Casey is a summer camp provided by North Central of Seattle Kiwanis Club for children ages 6-17 with physical disabilities. The camp is located on Whidbey Island, transportation is provided from the North Seattle area and there is no cost courtesy of the Seattle North Central Kiwanis Club.

Website: www.campcasey.org

Camp Director: Barb Williams

Phone: (206) 713-7515

Lakeside Center for Autism TAG (Together Achieving Goals) Summer Camp - Issaquah

Lakeside's TAG! Summer Program grants opportunities to children with disabilities to participate in an individualized program that is centered upon providing social, emotional, and academic support during the summer.

Website: www.lakesideautism.com/wp-content/uploads/TAG-SUMMER.jpg

Camp Director: Heather

Email: HeatherL@lakesideautism.com

Phone: (425) 657-0620

Life Enrichment Options (L.E.O.)

LEO offers various activities such as challenge races to engage those with special needs.

Website: <http://lifeenrichmentoptions.org/events/>

Email: info@lifeenrichmentoptions.org

Lions Camp Horizon - Blaine

Lions Camp Horizon hosts special needs campers providing an opportunity to meet new people, learn skills, and have fun. Each application is reviewed by their staff to ensure that the camp environment and activities are appropriate for the camper.

Website: www.lionscamphorizon.org

Camp Director: Emily Dickson

Email: campdirector@lionscamphorizon.org

Phone: (360) 371-0531

Little Bit Therapeutic Riding Center - Redmond

Little Bit Therapeutic Riding Center's program takes place at Dunmire Stables in Redmond. Its purpose is to improve the lives of children and adults with disabilities through the help of horses. All children age 5 and up are welcome to attend the weeklong day camp.

Website: www.littlebit.org

Phone: (425) 882-1554

Email: LittleBit@LittleBit.org

M-Bar-C Ranch - Freeland

M-Bar-C promotes old-fashioned fun through western adventure. The ranch provides a safe and enriching environment where everyone, despite physical or mental limitations, has the opportunity to enjoy being a kid for a day. Visits to the Ranch are free!

Website: www.m-bar-c.org/index.htm

Phone: (360) 331-6019

Email: admin@m-bar-c.org

Link to Schedule: <http://www.m-bar-c.org/Calendar.htm>

Music Works Northwest - Bellevue

Music Works Northwest offers a wide variety of programs and facilities that are available for children and teens between the ages 4-18 who enjoy singing, playing instruments or listening to music.

Website: www.musicworksnw.org/programs/summer-camps.html

Phone: (425) 644-0988

Email: registration@musicworksnw.org

Northwest Trek Wildlife Park - Eatonville

The entire park is ADA accessible and wheelchairs can be secured to Trams for park tours.

Website: www.nwtrek.org

Phone: (360) 832-6117

Outdoors for All Day Camp - Seattle & Issaquah

Outdoors for All Day Camps provide an active camp environment for children with and without disabilities ages 5 – 21. The camps are designed to provide a welcoming and fun environment and activities are structured as “challenge by choice.”

Website: www.outdoorsforall.org/programs/programs-services

Phone: (206) 838-6030 x200

Program Hotline: (206) 838-4995

Pierce County Companionship Program

Pierce County Parks and Recreation offers those with special needs (ages 3-21) and their families an all-inclusive, fun, and engaging active environment. In cooperation with local school districts, they provide social and sporting events.

Website: www.piercecountywa.org/companionship

Phone: (253)798-2997

Pools:

Everett - Swim Center at Forest Park:

Discount for people with disabilities and free for one caregiver.

Website: www.everettwa.gov/738/swim-Center

Phone: (425) 257-8300

Eastern WA Pools:

Indoor Pools: Eastmont YMCA Aquatic Center in Wenatchee; Kittitas Valley Memorial Pool & Fitness Center in Ellensburg.

Outdoor Pools: Wenatchee city pool.

Seattle Indoor Pools: Ballard Pool, Queen Anne Pool, Meadowbrook Pool, Medgar Evers Pool, Southwest Pool, Evans Pool, Madison Pool.

Seattle Outdoor Pools: Colman Pool

Website: www.seattle.gov/parks/pools.asp

Professional Association of Therapeutic Horsemanship (PATH) International

The Professional Association of Therapeutic Horsemanship International provides individuals with special needs a hippotherapeutic (therapy with horses) approach to therapy, providing services to children, adults, and veterans.

Website: www.pathintl.org/path-intl-centers/find-center

Sailing Heritage Society

The Sailing Heritage Society provides therapeutic sails for children and their families to help ease the physical and emotional burden of cancer and other serious illnesses. The Sailing Heritage Society welcomes people with a wide range of emotional, mental or physical challenges on sailing trips.

Website: www.sailingheritage.org/index.html

Phone: (206) 381-6919

Email: membership@sailingheritage.org

Seattle Adaptive Sports

Adaptive Sports is dedicated to the promotion and well being of physically challenged individuals, by giving them the opportunity to participate and compete in athletic and recreational activities, including basketball and track. Participants benefit from the physical activity and social opportunities offered by the organization, improving self-esteem and physical well being, as well as independence.

Website: www.seattleadaptivesports.com

Phone: (206) 726-3984

Email: info@seattleadaptivesports.org

Seattle Children's PlayGarden

PlayGarden offers a developmentally appropriate nature-based camp offered for kids (1-18) with all abilities. Weekly summer camps begin in June and go through August.

Website: www.childrensplaygarden.org

Phone: (206)-325-5576

Email: info@childrensplaygarden.org

Special Olympics Washington

Special Olympics Washington provides year-round sports training and athletic competition in a variety of Olympic type sports for children and adults with intellectual disabilities.

Website: www.specialolympicswashington.org

Phone: (206) 362-4949

Email: info@sowa.org

Stanley Stamm Summer Camp

The Stanley Stamm Summer Camp gives children the opportunity to partake in outdoor activities such as: fishing, horse riding, and a sleepover near Mt. Rainier. The camp occurs in August for children aged 6-14 years old who are patients at Seattle Children's Hospital.

Website: www.seattlechildrens.org/clinics-programs/stanley-stamm-summer-camp

Phone: (206) 987-CAMP (2267)

UW Autism Center Summer Day Camp – Seattle

The University of Washington Autism Center Summer Day Camp is designed for 6-12 year olds with Asperger's disorder and related disabilities. The camp will provide fun activities and field trips around the Seattle area including hiking, bowling, and swimming.

Website: www.depts.washington.edu/camp2013/Apex_Summer_Camp/Home.html

Phone: (206) 221-2267

Email: apex@uw.edu

Washington Youth Soccer TOPSoccer Program

The Outreach Program for Soccer (TOPSoccer) is a program for players 4 years of age and older who have developmental and/or physical disabilities. TOPSoccer operates statewide and accepts all skill levels.

Website: www.washingtonyouthsoccer.org/programs/topsoccer

Contact: Rachel Wilton

Phone: (253) 944-1609

Email: rachelw@washingtonyouthsoccer.org

Seattle Attractions

Experience Music Project (EMP)

- Caregivers free
- Hearing/Visual disability discount rates
- No set policy, but case by case discounts

Living Computer Museum

- ADA Accessible

Museum of History and Industry (MOHAI)

- ADA Accessible
- Offers free admission to Caregivers

Pacific Science Center

- Caregivers free
- All general exhibits are wheelchair accessible
- Both Pacific Science Center theaters are wheelchair accessible

Seattle Aquarium

- Disabled adults receive \$2 off admission
- Caregivers free

Seattle Children's Museum

- All exhibits wheelchair accessible
- If child has medical coupon, admission is free
- Opens early the first Saturday of every month and invites kids with autism and their families in for a \$3 admission fee

The Museum of Flight

- ADA compliant exhibits

Woodland Park Zoo

- All disabled people receive \$2 off admission
- Caregivers free
- Free disabled parking with visible pass

**Select Cinemas offer G & PG movies for \$1 on
Tuesdays & Wednesdays at 10AM
June 28th – August 24th**

Bonney Lake:

- Regal Tall Firs 10

Issaquah

- Regal Issaquah Highlands Stadium 12 RPX & IMAX

Lakewood

- Regal Lakewood Stadium 15 & RPX

Puyallup:

- Regal Longston Place Stadium 14

Redmond

- Regal Bella Bottega Stadium 11

Renton:

- The Landing Stadium 14& RPX

Seattle:

- Thornton Place Stadium 14 IMAX

Movie listings and other participating theaters can be found at:
<http://www.regmovies.com/movies/summer-movie-express>

ADA Accessible Parks & Trails

Washington State Parks:

- Flaming Geyser, Auburn
- Lake Chelan, Chelan
- Twenty-Five Mile Creek, Chelan
- Lake Easton, Easton
- Iron Horse, Easton
- Lincoln Rock, East Wenatchee
- Olmstead Place, Ellensburg
- Federation Forest, Enumclaw
- Lake Sammamish, Issaquah
- Squak Mountain, Issaquah
- Lake Wenatchee, Leavenworth
- Olallie, North Bend
- Kanaskat-Palmer, Ravensdale
- Ginkgo Petrified Forest, Vantage
- Wenatchee Confluence, Wenatchee

Accessible Playgrounds

- Discovery Playground & Sensory Garden, Auburn
- Family FunLand, Federal Way
- Crescent Creek Park, Gig Harbor
- Savannah's Place, Puyallup
- Meadow Crest Park, Renton
- Miner's Corner, Snohomish

ADA Accessible Trails

- Artist Ridge, Mt. Baker
- Trail of the Shadows, Mt Rainier
- Enchantment Park, Leavenworth
- Gold Creek Pond, Snoqualmie Pass
- Iron Goat Loop, Stevens Pass – West

For additional information on parks and their amenities visit:

<http://parks.state.wa.us/156/ADA-Recreation>