



Summer Camps & Recreational Activities

Alyssa Burnett Adult Life Center

For individuals with disabilities ages 18 and older, the Center provides year-round classes and various activities. Classes are focused on the socialization between peers and learning everyday essential skills.

Website: www.seattlechildrens.org/contact/alyssa-burnett-adult-life-center

Phone: (425) 488- 6173

Email: alyssaburnettcenter@seattlechildrens.org

Aspiring Youth - Bellevue/ Kirkland/Redmond/Seattle/Tacoma

Aspiring Youth offers multiple camps designed for ages eight and up with activities ranging from video production, to habitat restoration, to art.

Website: www.aspiringyouth.net

Phone: (206) 517-0241

Email: info@aspringyouth.net

Basic Beginnings - Kirkland

Basic Beginning's mission is to provide children with autism and other disabilities the opportunity to gain social and life skills in order to build confidence and independence for his or her future. Basic Beginning's also offers Camp Friendship and Teens Rock.

Website: www.basicbeginnings.net

Camp Director: Tabitha Troutman

Phone: (425) 922-7720

Email: tabitha@basicbeginnings.net

Bellevue Youth Theatre

The Bellevue Youth Theatre blends the energies of children, seniors, and individuals with disabilities to build artistic skills and create theatre.

Website: www.bytfoundation.org

Phone: (425) 452-7155

Blue Compass Camps

Blue Compass is a collection of summer camps based out of Seattle for kids and teens ages 7-18 with Asperger's, High-Functioning Autism, and ADHD. Their mission is to help children and teens grow socially and emotionally through outdoor adventures focused on building social skills and self-confidence.

Website: www.bluecompasscamps.com

Phone: (971) 221-6441

Bridge of Promise - Carnation

The Bridge of Promise offers various camps and programs both year-round and during the summer for children, teens and adults with disabilities.

Website: www.bridgeofpromise.org

Phone: (425) 549- 0500

Email: contact@bridgeofpromise.org

Camp Fire

Camp Fire serves children five and older with physical disabilities, learning and developmental disabilities, behavioral disorders, and general medical conditions. Camp Fire offers day camps in various locations in the Central Puget Sound area such as North Seattle, Bothell, Issaquah, Auburn, Kent, Federal Way and Port Orchard.

Website: www.campfireseattle.org

Phone: (206) 461-8550

Camp Korey – Mount Vernon

Camp Korey's mission is to provide children with serious, life-altering medical conditions and their families a friendly and safe environment to have fun. Camp Korey hosts summer camp sessions, year-round Hospital Outreach, family weekends, youth programs, all-camper events, and more. Camp programs are free to children and their families.

Website: www.campkorey.org

Phone: (425) 844-3100

Email: info@campkorey.org

Link to Schedule: www.campkorey.org/camper-programs/summer-camp

Camp Stand by Me - Vaughn, Pierce County

Camp Stand by Me is a fully accessible recreational facility providing summer camps for children and adults of any age with any disability. The camp's facilities and trained staff allow campers to participate in all activities, regardless of their disabilities. They offer locations in Bellevue, Bremerton, Des Moines, Renton, SeaTac, Seattle, Silverdale, Vaughn and Yakima.

Website: www.easterseals.com/washington

Phone: (206) 281-5700

Link to Schedule: www.easterseals.com/washington/our-programs/camping-recreation/camp-programs-schedules.html

C.A.S.T "Catch a Special Thrill" for Kids Foundation

C.A.S.T. for Kids Foundation connects volunteers who love to fish with disabled and disadvantaged children for a day of fishing in the outdoors.

Website: www.castforkids.org

Phone: (425) 251-3214

Link to Schedule: www.castforkids.org/events-calendar/cast-events/

City of Auburn, Specialized Recreation

The City of Auburn Parks, Arts & Recreation Department offers special summer programming for individuals of all ages with disabilities.

Website: http://www.auburnwa.gov/things_to_do/recreation/specialized_recreation.htm

Phone: (253) 931-3043

City of Everett - Swim Center at Forest Park

The Swim Center offers a discount for individuals with disabilities and allows one caregiver to join for free.

Website: www.everettwa.gov/738/swim-Center

Phone: (425) 257-8300

City of Tacoma - MetroParks

Through socialization, arts, crafts, and games the Social Recreation Program aims to increase independence for those with disabilities.

Website: <http://www.metroparkstacoma.org/specialized-social/>

Phone: (253) 305-1000

Kiwanis Camp Casey - Whidbey Island

Camp Casey is a summer camp provided by North Central of Seattle Kiwanis Club for children ages 6-17 with physical disabilities. The camp is located on Whidbey Island and transportation is provided from the North Seattle area. There is no cost courtesy of the Seattle North Central Kiwanis Club.

Website: www.campcasey.org

Camp Director: Barb Williams

Email: director@campcasey.org

Phone: (206) 713-7515

Life Enrichment Options (L.E.O.) – L.E.O. is a nonprofit organization that supports those with disabilities by offering various recreational activities, assistance with housing, employment and education services.

Website: <http://lifeenrichmentoptions.org>

Executive Director: Fred Nystrom

Phone: (425) 241-4690

Lions Camp Horizon - Blaine

Lions Camp Horizon hosts special needs campers and provides an opportunity to meet new people, learn skills, and have fun. Each application is reviewed by their staff to ensure that the camp environment and activities are appropriate for the camper.

Website: www.lionscamphorizon.org

Email: campdirector@lionscamphorizon.org

Phone: (360) 371-0531

Little Bit Therapeutic Riding Center - Redmond

Little Bit Therapeutic Riding Center's program takes place at Dunmire Stables in Redmond. Its purpose is to improve the lives of children and adults with disabilities through the help of horses. All children age five and up are welcome to attend the weeklong day camp.

Website: www.littlebit.org

Phone: (425) 882-1554

Music Works Northwest - Bellevue

Music Works Northwest offers a wide variety of programs and facilities that are available for children and teens between the ages 4-18 who enjoy singing, playing instruments or listening to music.

Website: www.musicworksnw.org/programs/summer-camps.html

Phone: (425) 644-0988

Email: registration@musicworksnw.org

Northwest Center Child Development

Northwest Center Child Development Program is an inclusive program that serves children with and without disabilities. Programs include early intervention services, early learning programs, and full-day childcare.

Website: www.nwcenterkids.org

Phone: (206) 286-2322

Northwest Trek Wildlife Park - Eatonville

A park that allows families and friends to engage wildlife and outdoors. The entire park is ADA accessible and wheelchairs can be secured to trams for park tours.

Website: www.nwtrek.org

Phone: (360) 832-6117

Outdoors for All Day Camp - Seattle & Issaquah

Outdoors for All Day Camps provide an active camp environment for children and adults with disabilities ages 5 – 21. The camps are designed to provide a welcoming and fun environment and activities are structured as “challenge by choice.”

Website: www.outdoorsforall.org/programs

Phone: (206) 838-6030

Pierce County Companionship Program

Pierce County Parks and Recreation offers individuals with disabilities (ages 3-21) and their families an all-inclusive, fun, and engaging active environment. In cooperation with local school districts, they provide social and sporting events.

Website: www.piercecountywa.org/companionship

Phone: (253) 798-4148

Professional Association of Therapeutic Horsemanship (PATH) International

PATH International offers individuals with disabilities a unique approach to therapy using horses and provides services to children, adults, and veterans.

Website: www.pathintl.org/path-intl-centers/find-center

Provail

Provail's mission is to help children and adults with disabilities improve their lives by offering employment services and living programs. They are a private, multi-service agency dedicated to meeting the needs of individuals with all types of disabilities.

Website: www.provail.org

Phone: (206) 363-7303

Sailing Heritage Society

The Sailing Heritage Society provides therapeutic sailing trips for children and their families to help cope with the physical and emotional burden of cancer and other serious illnesses. The Sailing Heritage Society welcomes people with a wide range of emotional, mental or physical challenges to participate.

Website: www.sailingheritage.org/index.html

Phone: (206) 381-6919

Email: membership@sailingheritage.org

Seattle Children's Hospital: Center for Children with Special Needs

The Center for Children with Special Needs provides information for families about local programs and care to children with disabilities, no matter where they are on the spectrum.

Website: www.cshcn.org/resources-contacts/summer-camp-directory

Phone: (206) 987-3736

Seattle Children's PlayGarden

PlayGarden offers a developmentally appropriate nature-based camp for kids (1-18) with all abilities. Weekly summer camps begin in June and go through August.

Website: www.childrensplaygarden.org

Phone: (206) 325-5576

Email: info@childrensplaygarden.org

Special Olympics Washington

Special Olympics Washington provides year-round sports training and athletic competition for children and adults with intellectual disabilities.

Website: www.specialolympicswashington.org

Phone: (206) 362-4949

Email: info@sowa.org

Swimming Pools

Eastern WA Indoor Pools: Eastmont YMCA Aquatic Center in Wenatchee; Kittitas Valley Memorial Pool & Fitness Center in Ellensburg. **Outdoor Pools:** Wenatchee city pool.

Seattle Indoor Pools: Ballard Pool, Queen Anne Pool, Meadowbrook Pool, Medgar Evers Pool, Southwest Pool, Evans Pool, Madison Pool. **Seattle Outdoor Pools:** Colman Pool

Website: www.seattle.gov/parks/pools.asp

Stanley Stamm Summer Camp

The Stanley Stamm Summer Camp gives children the opportunity to partake in outdoor activities such as fishing, horse riding, and a sleepover near Mt. Rainier. The camp occurs in August for children aged 6-14 years old who are patients at Seattle Children's Hospital.

Website: www.seattlechildrens.org/clinics-programs/stanley-stamm-summer-camp

Phone: (206) 987-2267

The Tavon Center - Issaquah

The Tavon Center aims to help transition individuals with disabilities from high school to adulthood through practicing daily living activities while interacting with staff and peers.

Website: tavoncenter.org

Phone: (425) 999- 2269

Email: contactus@tavoncenter.org

UW Autism Center Summer Day Camp – Seattle

The University of Washington Autism Center Summer Day Camp is designed for 6-12 year olds with Asperger's disorder and related disabilities. The camp will provide fun activities and field trips around the Seattle area including hiking, bowling, and swimming.

Website: www.depts.washington.edu/camp2013/Apex_Summer_Camp/Home.html

Phone: (206) 221-2267

Email: apex@uw.edu

Washington Youth Soccer TOPSoccer Program

The Outreach Program for Soccer (TOPSoccer) is a program for players 4 years of age and older who have developmental and/or physical disabilities. TOPSoccer operates statewide and accepts all skill levels.

Website: www.washingtonyouthsoccer.org/programs/topsoccer

Contact: Rachel Wilton

Phone: (253) 944-1609

Email: rachelw@washingtonyouthsoccer.org

Seattle Attractions

Museum of History and Industry (MOHAI)

- ADA Accessible

Olympic Sculpture Park

- Wheelchair accessible parking garage
- ADA accessible ramps throughout park
- Sign language tours available

Pacific Science Center

- Caregivers free
- All general exhibits are wheelchair accessible
- Both Pacific Science Center theaters are wheelchair accessible

Seattle Aquarium

- Disabled adults receive \$2 off admission
- Caregivers free

Seattle Children's Museum

- All exhibits wheelchair accessible
- If child has medical coupon, admission is free

Space Needle

- Wheelchair accessible

The Museum of Flight

- ADA compliant exhibits
- Always free parking

Woodland Park Zoo

- Disabled adults receive \$2 off admission
- Caregivers free
- Free disabled parking with visible pass

**Select Cinemas offer G & PG movies for \$1 on
Tuesdays & Wednesdays at 10AM
June 27th- August 23rd**

Bonney Lake

- Regal Tall Firs 10

Everett

- Regal Everett Stadium 16 & RPX

Issaquah

- Regal Issaquah Highlands Stadium 12 RPX & IMAX

Lakewood

- Regal Lakewood Stadium 15 & RPX

Puyallup

- Regal Longston Place Stadium 14

Redmond

- Regal Bella Bottega Stadium 11

Renton

- The Landing Stadium 14& RPX

Seattle

- Thornton Place Stadium 14 IMAX

Movie listings and other participating theaters can be found at,
<http://www.regmovies.com/movies/summer-movie-express>

ADA Accessible Parks & Trails

Chelan County Parks

- Enchantment Park, Leavenworth
- Lake Chelan State Park, Chelan
- Twenty- Five Mile Creek State Park, Chelan
- Wenatchee Confluence State Park, Wenatchee

King County Parks

- Nolte State Park, Enumclaw
- Flaming Geyser State Park, Auburn
- Saltwater State Park, Des Moines

Kittitas County Parks

- Olmstead Place, Ellensburg

Pierce County Parks

- Lake Tapps Park, Bonney Lake

Accessible Playgrounds

- Discovery Playground & Sensory Garden, Auburn
- Family FunLand, Federal Way
- Crescent Creek Park, Gig Harbor
- Savannah's Place, Puyallup
- Meadow Crest Park, Renton
- Miner's Corner, Snohomish

ADA Accessible Trails

- Artist Ridge, Mt. Baker
- Trail of the Shadows, Mt Rainier
- Gold Creek Pond, Snoqualmie Pass
- Iron Goat Loop, Stevens Pass – West

Access Pass – National Parks, Forest Service Lands, BLM, Fish & Wildlife

The Access Pass provides access to over 2,000 recreation sites in the U.S. The pass is free for documented permanently disabled individuals and allows free entrance wherever the pass is accepted.

Website: <https://store.usgs.gov/pass/access.html>

Phone: 1-888-275-8747

Washington State Parks ADA Discounted Passes:

WA State Parks offer discounted passes for foster parents, caregivers, seniors, disabled veterans and more. This pass is only for WA State Parks.

Website: <http://www.parks.state.wa.us/205/Passes>

Phone: (360) 902-8500